

Auto Accidents

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Even a minor accident can cause serious injury. Never assume that you are not injured just because there is little or no damage to your car. Seek professional care immediately. Muscle aches, soreness, headaches, and other symptoms associated with whiplash injuries may not begin to show until at least 72 hours after the accident. The sooner that you seek treatment, the less likely that it will be that you will have severe pain or permanent damage.

When one automobile is struck by another, thousands of pounds of force are exerted upon the necks and spines of the passengers. The head, which is very heavy compared to the neck, is thrust toward the hitting vehicle. The muscles then stretch and react with a violent spasm in the opposite direction. The painful result is injury to the muscles, ligaments, nerves, and on occasion, broken bones. Chiropractic doctors will usually provide rapid relief from the symptoms of accident distress, and treat the cause of the problem by employing comfortable, corrective measures.

Remember, even though pain is one of nature's ways of telling you that there is something wrong, it is possible to have a problem that has not reached the pain stage. Often the early symptoms of these injuries subside, only to return weeks, months, and even years later.

[Click here to download a printable brochure to keep in your vehicle just in case an accident should occur.](#)